


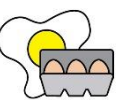
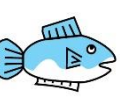
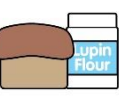


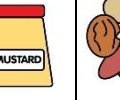
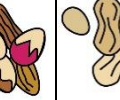

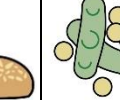

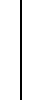



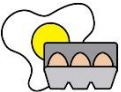
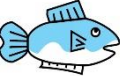
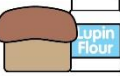










## Dishes and their allergen content - Starters

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Bread Basket</b> with unsalted butter		✓					✓							
Food & Forest <b>Cashew nuts</b>										✓				
Marinated Giant <b>Olives</b>														✓
<b>Soup</b> of the day with sour dough bread	✓	✓					✓							
<b>Salt &amp; Pepper Squid</b> with roasted lemon & garlic mayo				✓	✓									
<b>Heritage Tomato Salad</b> with fine capers, house dressing, toasted sourdough and shaved Parmesan							✓							
<b>Roasted Golden Beetroots</b> goats curd, marjoram, local farmed honey and toasted hazelnuts							✓			✓				
<b>Classic Prawn Cocktail</b> Marie Rose sauce, baby gem, cayenne pepper buttered granary bread		✓	✓				✓							
<b>Moules Mariniere</b> with cream, wine, shallots, sourdough bread		✓					✓	✓						
<b>Braised Scottish Beef Shin Croquettes</b> with horseradish crème fraiche & pickled cucumber		✓		✓	✓		✓		✓					
<b>Buffalo Mozzarella</b> roasted and marinated peppers with lemon oil							✓							



Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Pan Fried Calves Liver</b> with creamed mash potato, sage braised onions and crispy smoked bacon	✓						✓							✓
<b>Hot Seafood Platter</b> Lobster tails, mussels, clams, king prawns, garlic butter, fries and ciabatta bread	✓	✓	✓				✓	✓						✓
<b>Grilled Tuna Nicoise</b> Salad on a bed of green beans, tomatoes, black olives, new potatoes, boiled egg				✓	✓									
<b>Caesar Salad with Chicken</b> Baby gems, bacon, Parmesan, croutons, cherry tomatoes, anchovies, Caesar dressing		✓		✓	✓		✓							
<b>Caesar Salad with Tiger Prawns</b> Baby gems, bacon, Parmesan, croutons, cherry tomatoes, anchovies, Caesar dressing		✓	✓	✓	✓		✓							
<b>Superfood Salad</b> Baby spinach, watercress, wild rocket, beluga lentils, golden beetroots, cherry tomatoes, stem broccoli, sweet potatoes, pumpkin seeds with lemon and yoghurt dressing							✓							

## Dishes and their allergen content – Steaks with house made smoked herb butter, watercress and hand cut chips

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Rib Eye Steak							✓							
Sirloin Steak							✓							
Fillet of Beef							✓							
Lobster Tail			✓				✓							
Marrowbone Gravy	✓													✓
Garlic Butter							✓							
Bearnaise				✓			✓							✓
Peppercorn	✓						✓							✓
Blue Cheese							✓							



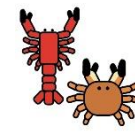
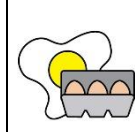
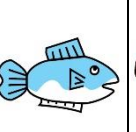





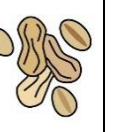



Review date:  
July 2024

Reviewed by: **Head Chef (The Chequers  
Matching Green)**



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## Dishes and their allergen content – Side Dishes

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mixed leaf salad														
Seasonal vegetables														
Wilted spinach														
Garlic & herb button mushrooms	✓						✓							
Fries														
Mashed Potatoes														
Truffle & parmesan fries							✓							
Sprouting broccoli & roasted almonds										✓				
Mac & Cheese							✓							
Hand Cut Chips														

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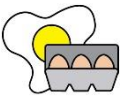
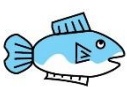
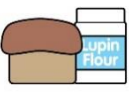








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## DISHES AND THEIR ALLERGEN CONTENT – THE CHEQUERS MATCHING GREEN (DESSERTS)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Sticky Toffee Pudding</b> with butterscotch sauce and vanilla ice cream		✓		✓			✓							✓
<b>New York Vanilla Cheesecake</b>														
<b>The Chequers Sundae</b> with vanilla ice cream, chocolate brownie, cherries, Chantilly cream, raspberry sauce, toasted flaked almonds		✓		✓			✓			✓				✓
<b>Double Chocolate Brownie</b> with honeycomb and vanilla ice cream		✓		✓			✓							✓
<b>Affogatto</b> , vanilla ice cream, crushed amaretti biscuits drizzled with espresso coffee		✓		✓			✓			✓				✓
<b>Selection of Fine English Cheeses</b> Somerset Brie, Cornish Yarg, Mature Cheddar, Rosary goat's cheese, Oxford blue with fig & apple chutney, celery, grapes, walnuts and Millers Damsels biscuits	✓	✓					✓			✓				

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Ice Cream Selection</b> Vanilla pod, Traditional Chocolate, Strawberries and cream, Mint Chocolate, Salted Butter Caramel				✓			✓							✓
<b>Sorbets</b> , Cammas Raspberry, British Elderflower, Sherbet lemon														✓

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# DISHES AND THEIR ALLERGEN CONTENT – THE CHEQUERS MATCHING GREEN (KIDS MENU)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Penne</b> with Napoli sauce		✓												
<b>Sausage &amp; Mash</b> with gravy		✓												✓
<b>Chicken Goujons</b> with fries, garden peas and sauces				✓										
<b>Spaghetti Bolognese</b> with Napoli sauce		✓												✓
<b>Fish &amp; Chips</b> with garden peas and sauces														
<b>Kids Roast Beef/Chicken</b> with roast potatoes, seasonal vegetables, Yorkshire Pudding, gravy		✓		✓			✓							
<b>Ice Cream Selection</b> Vanilla pod, Traditional Choco, Strawberries&cream, Mint Choc, Salted Butter Caramel				✓			✓							✓
<b>Warm Waffle</b> with seasonal berries, chocolate sauce and vanilla ice cream		✓		✓			✓							
<b>Chocolate Brownie Sundae</b> with vanilla ice cream		✓		✓			✓							

Review date: **July 2024**




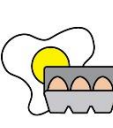
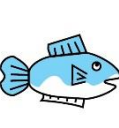









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## DISHES AND THEIR ALLERGEN CONTENT – THE CHEQUERS MATCHING GREEN (SUNDAY ROAST)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>Roast Striploin of Beef</b> Yorkshire pudding, roast potatoes, seasonal veg, gravy		✓		✓			✓							
<b>Free Range Roasted Half Chicken</b> Yorkshire Pudding, chipolata & bacon, sage stuffing, roast potatoes, seasonal veg, gravy		✓		✓			✓							
<b>Squash, Mushroom &amp; Spinach Wellington</b> roast potatoes, seasonal veg, vegetarian gravy		✓												
Cauliflower cheese		✓					✓							

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