




























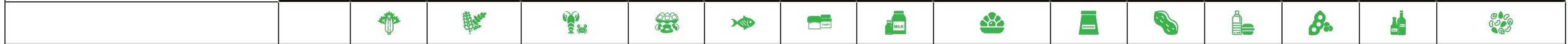
Site: The Chequers Matching Green

Allergens Summary: Main Restaurant Menu

Reviewed by Head Chef (The Chequers Matching Green) on 04-09-2024

Menu Dishes	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Main Menu															
1STARTER - Braised Scottish Beef Shin Croquettes with horseradish crème fraiche & pickled cucumber			Wheat 												
1STARTER - Bread Basket with unsalted butter			Wheat 												
1STARTER - Burrata with grilled Comice pears, wild rocket and truffled honey															
1STARTER - Classic Prawn Cocktail Marie Rose sauce, baby gem, cayenne pepper buttered granary bread			Wheat 	Prawns 											
1STARTER - Endive Salad Stichelton blue cheese, honey glazed cashews, chives and house dressing															Cashews 

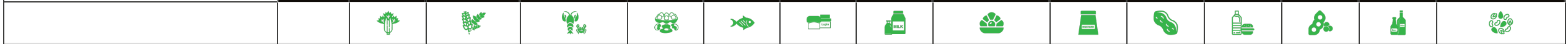
<p>✓ Contains</p> <p>Ⓜ May Contain</p> <p>Ⓡ Removable</p>																
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Main Menu

1STARTER - Food & Forest Cashew nuts			Wheat ✓													Cashews ✓
1STARTER - Grilled Sardines with wild rocket, tomato and coriander salsa						✓										
1STARTER - Marinated Giant Olives														✓		
1STARTER - Moules Mariniere with cream, wine, shallots, sourdough bread			Wheat ✓					✓	Mussels ✓							
1STARTER - Salt & Pepper Squid with sweet chilly sauce						✓			Squid ✓							
1STARTER - Soup of the day with sourdough bread		✓	Wheat ✓					✓								
2MAIN - Caesar Salad with Chicken Baby gems, bacon, Parmesan, croutons, cherry tomatoes, anchovies, Caesar dressing			Wheat ✓		✓	✓		✓								
2MAIN - Caesar Salad with Tiger Prawns Baby gems, bacon, Parmesan, croutons, cherry tomatoes, anchovies, Caesar dressing			Wheat ✓	Prawns ✓	✓	✓		✓								

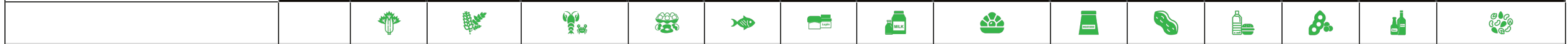
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Main Menu



































2MAIN - Fillet of Beef house made smoked herb butter, watercress and hand cut chips								✓								
2MAIN - Fish & Chips Beer battered haddock, hand cut chips and the Chequers condiments					✓	✓		✓								
2MAIN - Grilled Pork Cutlet with braised savoy cabbage, douchinoise potato, thyme jus		✓						✓						✓		
2MAIN - Grilled Tuna Niçoise Salad on a bead of green beans, tomatoes, black olives, new potatoes, boiled egg		✓			✓	✓										
2MAIN - Hot Seafood Platter Lobster tails, mussels, clams, king prawns, garlic butter, fries and ciabatta bread		✓	Wheat ✓	Lobster ✓ Prawns ✓				✓	Mussels ✓					✓		
2MAIN - Linguini Frutti di Mare with calamari, tiger prawns and mussels in white wine and garlic		✓	Wheat ✓	Prawns ✓		✓		✓	Mussels ✓ Squid ✓					✓		
2MAIN - Lobster Tail (Surf & Turf)				Lobster ✓				✓								















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Main Menu















2MAIN - Oven Baked Fish Of the Day with mint buttered new potatoes and sauteed spinach						✓		✓								
2MAIN - Pan Fried Calves Liver with creamed mash potato, sage braised onions and crispy smoked bacon		✓						✓						✓		
2MAIN - Pan Roasted Supreme of Chicken with tagliatelle, roasted tomato, chilli & herb sauce			Wheat ✓													
2MAIN - Rib Eye on the Bone with house made smoked herb butter, watercress and hand cut chips								✓								
2MAIN - Roasted Breast of Duck/Chicken with celeriac and thyme, rainbow chard, red wine jus		✓												✓		
2MAIN - Sirloin Steak with house made smoked herb butter, watercress and hand cut chips								✓								

<p>  Contains  May Contain  Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
Main Menu															
2MAIN - Superfood Salad Baby spinach, watercress, wild rocket, beluga lentils, golden beetroots, cherry tomatoes, stem broccoli, sweet potatoes, pum															
2MAIN - The Chequers Beef Burger in pretzel bun, bacon, smoked Applewood Cheddar, red onion, beef tomato, baby gem and fries			Wheat 												
2MAIN Risotto of Wild Mushroom & Chestnuts Seasonal wild mushrooms, soft chestnuts, truffle shavings and tarragon															
3SUNDAY - Cauliflower cheese			Wheat 												
3SUNDAY - Free Range Roasted Chicken, Yorkshire Pudding, chipolata & bacon, sage stuffing, roast potatoes, seasonal veg, gravy			Wheat 												
3SUNDAY - Roast Striploin of Beef Yorkshire pudding, roast potatoes, seasonal veg, gravy			Wheat  		 			 							

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Main Menu

5SIDES - Truffle & parmesan fries								✓							
5SIDES - Wilted spinach	✓														
6DESSERT - New York Vanilla Cheesecake					✓			✓							
6DESSERT - Selection of Fine English Cheeses Somerset Brie, Cornish Yarg, Mature Cheddar, Rosary goat's cheese, Oxford blue with fig & apple chutney		✓	Wheat ✓					✓							Walnut ✓
6DESSERT - Sticky Toffee Pudding with butterscotch sauce and vanilla ice cream			Wheat ✓		✓			✓						✓	
6DESSERTS - Affogato, vanilla ice cream, crushed amaretti biscuits drizzled with espresso coffee			Wheat ✓		✓			✓						✓	Almonds ✓
6DESSERTS - Double Chocolate Brownie with honeycomb and vanilla ice cream			Wheat ✓		✓			✓						✓	

<p> <input checked="" type="checkbox"/> Contains <input type="checkbox"/> May Contain <input type="checkbox"/> Removable </p> <p>Menu Dishes</p>	NO ALLERGENS	CELERY & CELERIAC	CEREALS CONTAINING GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE (SULPHITES)	TREE NUTS
															
Main Menu															
6DESSERTS - The Chequers Sundae with vanilla ice cream, chocolate brownie, cherries, Chantilly cream, raspberry sauce, toasted flaked almonds			Wheat <input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	Almonds <input type="checkbox"/> <input checked="" type="checkbox"/>

Signed by: _____ Signature: _____